



FAITH IN ACTION

Supporting Senior Independence

NEIGHBOR TO NEIGHBOR

Faith in Action—Supporting Senior Independence Newsletter - Spring 2009 Edition

FESTA ITALIANA DINNER AND BENEFIT AUCTION RAISES OVER \$60,000!

On March 21, Faith in Action held its first ever fund-raising dinner and benefit auction, *Festa Italiana*.

Through the generosity of our supporters and members of the business community, and the hard work of our volunteers, Faith in Action was able to raise a net of over \$60,000!

The event was generously underwritten by the following sponsors:

- Gold Medal**
- Swedish Medical Center**
- Overlake Hospital**
- Whitaker Foundation**
- Cardwell Consulting**

Silver Medal **Seattle College** **Planners**

We had 240 bidders on 324 separate items. Hot items in the live auction included wine, travel packages to Palm Springs and to Mexico, and tickets to the US Senior Open at the Sahalee Golf Club in 2010.

Live music, food and drink, and good company meant that fun was had by all.



Auctioneer Chuck Whitman with Auction Chair Brenda Shea

The money raised at the auction will go to Faith in Action programs, benefiting seniors who live independently in our community. Most (75%) of our clients are low-income, most have some mobility impairment, and the average age is 83.

With this success, we plan to hold an auction annually. If you are interested in being involved in this exciting fund-raising event on any level—as an attendee, a donor, a sponsor, or especially as a volunteer—please let the office know at (425) 369-9120.

Faith in Action is a dedicated team of trained volunteers and professional staff providing vital support and assistance to seniors facing the challenges of aging who live in the Greater Issaquah and Sammamish communities.



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VOLUNTEER SPOTLIGHT: SAMMI AWARD FINALISTS CATHY ULLAKKO AND JANELL FALETTO

Two Faith in Action volunteers, Janell Faletto and Cathy Ullakko were finalists for “Unsung Hero” for the Sammamish Acknowledges Magnificent Moments of Inspiration (SAMMI) awards. This is the first time anyone associated with Faith in Action has been a finalist.

Sixty Sammamish residents were nominated for the awards. The Unsung Hero award goes to a person who goes beyond expectations in an inspirational and positive manner.

“This is the toughest year to choose,” said Cary Young, the event’s executive director. “All the nominees are incredible....They’re just really strong people that have done a tremendous amount of work for this community.”

Who are these Unsung Heros?

Since becoming a volunteer for FIA, Cathy Ullakko has generously given over 350 hours of her time and driven elderly residents more than 5,400 miles. The seniors



**Cathy Ullakko with client
Hilda Ashmun**

that she drives to medical appointments often say that they don’t know how they would have gotten to their appointments without Cathy’s assistance.

The other finalist, Janell Faletto, is matched with two different elderly adults in our community, providing them with housekeeping, errands, and transportation. In addition to those responsibilities, Janell is available on



Janell Faletto

an on-call basis to provide additional transportation services to other seniors who need rides on an occasional basis to essential medical appointments. Since becoming a volunteer for FIA in 2003, Janell has given over 100 hours of housekeeping, and 750 hours of her time driving seniors of our community to medical appointments and other errands. She has driven more than 7,900 miles!

Faith in Action is proud that Janell and Cathy were finalists. But are they really “unsung”? Staff hears frequently from our clients how much their volunteers mean to them. To Faith in Action, all our volunteers are heroes! Thank you, so much volunteers, for what you do for our seniors!

Would you like to be a hero in someone’s life? Volunteer for Faith in Action! Positions are available for different types of service and levels of commitment. Call us at 425-369-9120 or email us at info@faithinaction4seniors.org



Claire Petersky,
Executive Director

FROM YOUR FAITH IN ACTION DIRECTOR

Dear Faith In Action Friends,

Welcome to the latest copy of *Neighbor to Neighbor*, Faith in Action's newsletter.

One of our newsletter's purposes is to thank and recognize all the people who make Faith in Action possible.

As we have made our transition to independence, many people have gone the extra mile for us. Thank you so much! Businesses donated office furniture and supplies for our new location. They also contributed to and sponsored our auction. Volunteers have contributed technical skills, helping us network our computers, and develop our website. Other people have put their sales and marketing talents to work, soliciting donations on behalf of our agency for the auction or encouraging their friends and business partners to sponsor or attend the event. Over and over again, people have come forward. We are so lucky to have such wonderful partners in our community!

I'm also grateful to our clients, who have shared with me what a difference Faith in Action makes in their lives. From time to time some of them send us notes. "I appreciate having someone take me to my eye doctor in Bellevue" says one. Another says, "[my volunteer] is wonderful—so very kind and helpful! I really need and appreciate the assistance." If I ever have a bad day, I can just look up at our bulletin board and re-read these messages, and my spirits are lifted.

If you have a good story about your volunteer or your client, please share it with us. Then we can spread the warmth to other readers of this newsletter, and our funders.

My hope for us all—that we may always live in a place of gratitude and appreciation.

Warm Regards,

Claire Petersky
Executive Director

Our Office:
1121 228th Ave SE
Sammamish, WA
98075
To reach us, call:
425-369-9120
(telephone and fax)

Email us at
[info@faithinaction
4seniors.org](mailto:info@faithinaction4seniors.org)

On the web at:
[www.faithinaction
4seniors.org](http://www.faithinaction4seniors.org)

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THANK YOU *FESTA ITALIANA* AUCTION ITEM DONORS

Faith in Action would like to thank the following local businesses and individuals for their generous in-kind donation of items to the Faith in Action Benefit Auction and Dinner. Please show them your appreciation with your thank yous and patronage:

2010 U.S. Senior Open	Carolyn Pierce-Dyer & Phil Dyer	Knight Visions Studio Gallery	Rite-Aid - Pine Lake
5th Avenue Theatre	Jason Earles, Hannah Montana Show	Duane and Jan Koberg	Round Table Pizza - Gilman
Acapulco Fresh	Elliot's Oyster House	Krispy Kreme - Issaquah	Herman Rubio
Ace Hardware - Sammamish	Embassy Suites Bellevue	Ron & Marion Krueger	Safeway - Sammamish
Pat Achurra	Emerson Salon	Lakeside Memories	Sahalee Country Club
All Critters Animal Hospital	John Erskine	Maxine Lavingston	Salon Ciba
A-Plus Hearing Aids	Eyes on the City	Ramona Lawrence	Salon Rebecca
Marc Avni	F7 Photography	Ben Lee and Joon Low	Sammamish Highlands
Bel Viso Day Spa & Laser Center	Fins Bistro	Alan Leong	Veterinary Hospital
Gary Bergan	Firestone - Bellevue	Susan Liew	Dave Scholz
The Boarding House Restaurant	Fitness Together - Sammamish	Lifeway Christian Stores - Issaquah	Seattle College Planners
Colleen Buck	Folio Wine Company	Lowes - Issaquah	Seattle Fudge
Café Harlequin	Alan Fong	DeeAnn Maher	Seattle Mariners
Camelot Catering	Ted and Paula Gates	Marci Jewelry	Seattle Parties
Cascade Spa Stove & Sauna	Bryan Ghows	Marriott Hotel - Seattle Airport	Seattle Seahawks
Catherine Dewitt Framing	Gold's Gym	Marriott Hotel - Seattle Waterfront	Brian & Brenda Shea
Kevin Chan	Good Energy Massage	Mary Queen of Peace Book Club	Harry & Claradell Shedd
Chang's Mongolian Grill	The Grange	Mayflower Park Hotel	Shell Oil - Klahanie
The Chocolate Box	Great Clips - Inglewood Plaza	Moore Brothers Music	Sheraton Hotel - Seattle
Cold Stone Creamery - Sammamish	Great Clips - Klahanie	Amy Mumma	Sherwin Williams - Issaquah
Colleen O'Connell	Great Clips - Redmond	Senator Patty Murray	Silver Cloud Inns & Hotels - Seattle Stadium
Columbia Athletic Club	Grimaldi's Coffeehouse	Museum Quality Custom Framing - Sammamish	Silver Reef Casino
Columbus Fitness - Sammamish	Gail Guilliot	Rhonda Newton, DDS	Sinnock Photography
Countryside Floral and Garden, Inc.	Josie Hayes	Kelly Hoang - Nice Cuts	Sorrento Hotel
Creekside Angling Co.	Sue Healy	Bob Noel	John and Amy Snorsky
Eve Curtis	Helene's Chocolate Affair	Sue Nobel - U.S. Bank	Starbucks - Bridle Trails
Daisy Boutique	Hilton Hotel - Vancouver, Washington	Northern Trust	Starbucks - Gilman Meadows
De Jong Sawdust and Shaving	Huntington Learning Center	Pacific Bicycle Company	Starbucks - Klahanie
Dirks Dry Cleaning	George Hoffman	Pacific Market International	Starbucks - Pine Lake
Discount Tire Bellevue	Holiday Inn Express - Pullman	Painted Ladies Studio	Starbucks - Sammamish Drive Thru
Robert Dolan, Jr.	Hollywood Video - Sammamish	Patty's Hair Design	Starbucks - Sammamish Highlands
Domino's Pizza - Sammamish	Home Depot - Issaquah	Claire Petersky	Stewart Lodge
Doubletree Guest Suites Seattle Airport	Icicle Village Resort	Mark Pierce	Vilma Torres
	The Inn at Gig Harbor	Donna Price	True Italian Pizzeria
	Iron Works Gym - Bellevue	Pine Lake Chiropractic	True Martial Arts
	Issaquah Community Bank	Plateau Jewelers	Tulalip Resort Casino
	Issaquah Sew & Vac	Point Defiance Zoo & Aquarium	Tully's Coffee - Airport Way
	Barb Johnson	Pogacha - Issaquah	Vacation International
	Eleanor & Gary Johnson	Poulsbo Inn and Suites	Village Theatre
	K2 Sports	Precor Commercial Fitness	Madeline Wall
	Naomi Kennamer	Puetz Evergreen Golf	Way of Life Wellness Center
	KING 5, KONG TV, Northwest Cable News	QFC - Gilman	Doug & Christine Watson
	King County Sheriff's Office	QFC - Pine Lake	White Horse Toys
	Sasa & Kerry Kirkpatrick	Redmond Inn	Woodland Park Zoo
	Klahanie Center	Rep. Dave Reichert	
	Veterinary Hospital	Regis Salons - Sammamish	
		Bill Resler	

THANK YOU, 2ND HALF OF 2008 DONORS!

Our donors from July 1, 2008, to December 31, 2008.

\$5,000 or more

City of Sammamish
Providence Health & Services

\$2,500—\$5,000

City of Issaquah
Tulalip Tribes Charitable Fund

\$1,000—\$2,500

David & Wendy Cordova
Ben Lee and Swee Joon Low
John B. & Janet Rittenhouse
John & Madeline Wall

\$500—\$1,000

Duane and Jan Koberg
Sammamish Presbyterian Church
Whitaker Foundation

\$250—\$500

Janet Bequette
John Bratmon
Troy Coachman
Betty M. Florance
Mr. and Mrs. F. Richard Francis
Ron and Robin Gentile
Wayne W. & Patricia Hunsberger
Microsoft Corporation
Emillie & Sheldon Shepard
Doug and Christine Watson

\$100—\$250

Anonymous
Mike Bross
Colleen & Howard Buck

Betty S. Condon
Margie & Pat Costello
Don & Nancy Cumming
Scott Davison
Geraldine Emanuels
Faith United Methodist Church
Janell Faletto & Bob Hinckley
Lee & Phyllis Ferrara
Ed and Cyndi Fugo
Janet B. Hazelton
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James & Janet Wirtz
William & Ute Wolfe
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We have done everything we can to ensure that this newsletter's lists of donors and volunteers are correct and complete. If you know of any errors or omissions, please accept our apologies, and give corrections to us at:

425-369-9120 or info@faithinaction4seniors.org

THANK YOU VOLUNTEERS!

Our volunteers who gave hours of service, from July 1, 2008, to December 31, 2008:

Ronald Andresen

☺ Brennan Bartel
Elizabeth Box
☺ Crystal Blanco
☺ Christina Bleisch
★ Janet Bradshaw
Colleen Buck
Howard Buck
Linda Calbom
Susan Castelazo
Kevin Chan
Laura Chapman
☺ Joanie Chevalier
☺ Alan Chong
Wendy Cordova
Danny Costello
Margaret Costello

Sharon Dahl

Myrna Downs
☺ Dick Drumm
☺ Dave Erland
★ Janell Faletto
☺ Carol Fare
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Sherry Holthe
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☺ Gayle Keenan
☺ Naomi Kennamer
Esther Kile

Duane Koberg

☺ Cynthia Knutson
Marie Krack
☺ Mike Krohn
★ Marion Krueger
Nannette Krueger
Ronald Krueger
Ⓢ Ramona Lawrence
☺ Jetta LeRiviere
Ben Lee
Eun Jim Lee
James Lee
Jung Yeob Lee
Man Jae Lee
☺ Swee Low Lee
☺ Roger Lesperance
☺ David Levine
☺ Diane Lin
DeeAnn Maher
☺ Jack McKinley
Vicki Ness
☺ Thuy Ngyuen

Janet Olin

Kimberly Olsen
Margaret Osborne
☺ Gary Parrish
Stanley Pasin
Allison Reid
★Ⓢ Carol Reitz
John Rittenhouse
★ Herbert Roberts
Karen Rollman
Gary Rosenow
★Ⓢ Margaret Rosenow
☺ Laure Runyon
★ Judy Schneider
★ Brenda Shea
Martin Smith
Sherry Song
☺ Andrew Steinle
☺ Reid Stell
☺ Joanne Swanson
☺ Dylan Thorimbert
☺ Erin Thorimbert

Hank Thomas

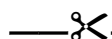
Nancy Tochko
Lindsay Toraason
Sarah Tuohy
★ Catherine Ul-lakko
Madeline Wall
Doug Watson
John Wishart
★ Stephen Woodward
☺ Carol Zimmerman

Symbol Key

- ☺ New volunteer in 2nd half of 2008
Ⓢ 10 years of service
★ Super Volunteer (50 hours or more of service in 7/08—12/08)

PUT LIGHT INTO A SENIOR'S LIFE—GIVE THE GIFT OF INDEPENDENCE

Please give the gift of independence to the seniors in our community by donating to Faith in Action. If you are reading this newsletter in electronic form, please click on: <http://www.faithinaction4seniors.org/index.php?page=donations>. If you are receiving this as a paper newsletter, please use the envelope enclosed. If the envelope is missing, cut off the section below and return it to us:



My donation is: \$50 \$75 \$100 \$250 \$500 Other: \$_____

Name: _____

Mailing address: _____

City: _____

State: _____

Zip: _____

Email Address: _____

Please make checks payable to: Faith in Action

Or please charge my Visa Mastercard American Express

Acct number: _____ Expiration: _____

3 Digit Security Code: _____ Signature: _____

Mail this to: Faith in Action, 1121 228th Ave SE, Sammamish WA 98075

Thank you for your generous donation!

VEGETARIAN MEAL DELIVERY AVAILABLE FOR FAITH IN ACTION CLIENTS

The Vedic Cultural Center in Sammamish is Faith in Action's newest coalition member, and is offering to deliver free, fresh vegetarian meals to our clients. The meals are prepared in a commercial kitchen with oversight and licensing from the county health department.

The Vedic Center can either provide clients with a meal on a one-time, "try it out" basis. Or, clients can have as many as two meals delivered as often as twice a week.

Most of the members of the Vedic Center are immigrants from India. They are aware, however, that most of Faith in Action's clients are not.

They also know that our clients may not be interested in Indian food. Their members will be preparing food in a more typical "American" style if that is your preference.

Archana Sunil is in charge of this program at the Vedic Center. Food is her passion!



Archana Sunil

In addition to her volunteering with the Vedic Center, she teaches Indian cooking professionally.

Archana says, "I was raised vegetarian and my family is vegetarian too. I spend a lot of time trying new recipes for my family and the classes I teach. My 7 year old daughter writes recipes for me to try...My husband is great about trying new foods that I make every Friday night for family movie night. And my 3 year old son asks to read 'cooking books' when we go to bed!"

If you're a Faith in Action client, why not give this service a try? To find out more, call the office at 425-369-9120.

CLIENTS LIVE ON IN OUR HEARTS

While Faith in Action provides services, our clients return to us the gift of their stories, their spirits, and their lives.

Losing a client is difficult for staff and volunteers. Our Faith in Action circle is

smaller by the loss, since January, of the following:

- Carl Boman
- Eleanor Ellenbecker
- Sandra Hentze
- Betty Nease
- Kumin Niderost
- Marjorie Passler
- Dorothy Peterson

We honor the memory of each one, and share with family and friends our condolences.



YVC PROVIDES SUMMER GARDENING SERVICES FOR OUR CLIENTS

Faith in Action is teaming with the Camp Fire Youth Volunteer Corps (YVC) to provide flower and gardening services for our clients this summer.

The YVC would like to help Faith in Action clients who live in a house who need yard work done. The client would need to provide the tools and any materials, such as bark or plants, needed. The services are otherwise free. If you need, for example, your flower beds weeded, your irises divided, bushes trimmed back, the lawn aerated—the YVC may be able to help.

The YVC is also interested in helping clients who don't necessarily live in houses, but may live in condos or apartments, who might like a pot of flowers to put on a balcony or porch. They will purchase and pot the flowers for you, and deliver them to your door. Faith in Action is recommending

a optional donation of \$10 to Faith in Action for plants and materials for this service.

The YVC is made up of teenagers who are members of Camp Fire USA, who are interested in helping others in the community. (For those clients who remember or may have even participated in Camp Fire Girls years ago—the organization has been co-ed since the mid-1970s, so the teen volunteers are as likely to be boys as girls.) All YVC members are supervised by an adult who has been screened and trained.



Please contact the office if you are interested in either service: 425-369-9120.

AFTER A DISASTER, CALL IN THE V.I.C.E. SQUAD!

If you are a Faith in Action client, do you worry that if there were an earthquake or other major disaster, there'd be no one to check on you to make sure you were OK?

Faith in Action is organizing a Volunteers In Case of Emergency (V.I.C.E.) Squad. The V.I.C.E. Squad will go to work in the case of a major regional emergency.

We invite people who help our clients now—and those

who are looking for only this sort of simple special assignment—to volunteer for this program. Please contact the office if you are interested.

Faith in Action is teaming with the American Red



Cross to ensure that all V.I.C.E. members are trained, and prepared for disasters for their own households. After all, you can't help others if you're worried about your own family's safety and well-being.

If you're a Faith in Action client who would like be included in this service, please let the office know at 425-369-9120.